


SOUTH MIAMI LUTHERAN CHURCH SCHOOL

Catering By: Yummy In My Tummy



FEBRUARY 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Feb04 Baked Chicken Nuggets, Roasted Veggies, Fresh Fruit Milk	Feb05 Baked Ziti, Roasted Seasonal Veggies, Garlic Bread, Fresh Fruit Milk	Feb06 Turkey & Cheese Enchiladas, Rice & Beans, Fresh Fruit Milk	Feb07 BBQ Chicken, Baked Beans, Corn Bread, Fresh Fruit Milk	Feb08 Cheese Pizza on Spinach Crust w/ Tomato Sauce Veggies & Low Fat Dip Fresh Fruit Milk
Feb11 Baked Chicken Nuggets, Roasted Seasonal Veggies, Fresh Fruit Milk	Feb12 Roasted Chicken w/Smashed Potatoes, Roasted Sweet Peas, Fresh Fruit Milk	Feb13 Arroz con Pollo, Baked Plantains, Fresh Fruit Milk	Feb14 Mac & Cheese, Roasted Seasonal Veggies, Fresh Fruit Milk	Feb15 Cheese Pizza on Spinach Crust w/ Tomato Sauce Veggie Chips Fresh Fruit Milk
Feb18  President's Day School Closed	Feb19 Baked Chicken Nuggets, Glazed Carrots, Fresh Fruit Milk	Feb20 Sweet & Sour Chicken w/Veggie Fried Rice, Steamed Edamame, Fresh Fruit Milk	Feb21 Turkey Meatballs w/Tomato Sauce, Roll, Roasted Seasonal Veggies, Fresh Fruit Milk	Feb22 Cheese Pizza on Spinach Crust w/ Tomato Sauce Veggies & Low Fat Dip Fresh Fruit Milk
Feb25 Baked Chicken Nuggets, Roasted Veggies, Fresh Fruit Milk	Feb26 Turkey & Cheese Stackers, Veggies & Hummus, Fresh Fruit Fresh Fruit Milk	Feb27 Grilled Cheese, Roasted Seasonal Veggies, Fresh Fruit Milk	Feb28 Mac & Cheese, Roasted Seasonal Veggies, Fresh Fruit Milk	Mar01 Cheese Pizza on Spinach Crust w/ Tomato Sauce Veggie Chips Fresh Fruit Milk

VEGETARIAN OPTIONS ARE AVAILABLE EVERY DAY. IF INTERESTED, PLEASE LET THE OFFICE KNOW. ☺